

# MAIL ORDER ESSENCES AND NATURAL HEALTH PRODUCTS

**GUIDE TO THE** 

# WILD EARTH ANIMAL ESSENCES



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This guide to the Wild Earth Animal Essences is one of a range of handy reference documents designed to facilitate the use of Essences for personal healing. Flower and other vibrational Essences (gem, animal and environmental for example) are profound healing tools with the potential to make a significant contribution to our personal and spiritual development.

Our purpose at Healthlines is to support the spread of Essences by facilitation the understanding of these divine healing gifts, and by making them easily accessible to public and practitioners alike. We provide a prescription service so you can have several Essences made up into a ready-to-take dosage bottle. For further information please phone or visit our website.

# Wild Earth Animal Essences

# Overview

This incredible set of essences from Daniel Mapel bring to us the power and wisdom of wild animals. The essences are made by invoking the vibrational imprint and energy of the animal in a ceremonial process of attunement that takes place in the wild. No animals are captured or harmed in the making of these essences.

The essences deeply connect us with the power and healing of the magnificent creatures with which we share this planet.



**Daniel Mapel** 

Incredibly grounding, they reconnect us to our bodies, to our animal selves and to the majesty and empowerment this brings. For Shamanic work they provide an invaluable tool for ceremonial processes and direct connection with a power animal. For healing work in general they give a most solid and tangible connection with our innate wisdom, strength and spirit.

There are several ways of choosing essences, either consciously, by selecting from the descriptions, or by using one of several methods to access the unconscious or intuitive mind eg. dowsing or muscle testing.

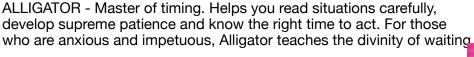
Another very easy way of doing this is with the Wild Earth Animal Cards, a powerful tool for intuitive prescribing. Daniels beautiful animal images are easy to use and demonstrate again and again how we are intuitively drawn to the essences we need for our healing. They are ideal for children and people who find it difficult to talk about their problems.

These Essences are available either as a ready to take 30ml bottle for normal use, or for practitioners, as a 30ml stock concentrate.

We would like to thank Daniel for allowing us to use the Wild Earth logo and animal photos reproduced here, which are all copyright of Daniel Mapel.

# WILD EARTH ANIMAL ESSENCES







ANT - Working Efficiently. Ant helps you work tirelessly with terrific productivity - especially good for times when things need to be done. Brings focus, commitment and wondrous efficiency. Aids service within the community.



effortlessly accomplish remarkable tasks and flow with absolute ease when doing great things. It enables you to get to your destinations in ARMADILLO - Supreme Protection. Armadillo facilitates healthy

ARCTIC TERN - Great Achievements. Arctic Tern helps you to



armouring. It teaches the impregnability of knowing you are safe from deep within. For feeling confidant you are safe and secure in the world.



BADGER - Healthy Anger. Badger helps you connect and be comfortable with your anger. It encourages the clean, healthy and appropriate expression of anger. For accessing fierceness and dynamic aggression when required.



BAT - Navigating the Dark. Bat is profoundly helpful for helping you see the way through your personal darkness. Enables you to face and heal unresolved issues and honour the divine in the shadow.



BEAR - Strength, Groundedness, Power. Bear brings a deep connection to Earth's power and rhythms. It helps you attune to your natural cycles of hibernation/emergence. For incubation and fruition of dreams and plans.



BEAVER - Master Architect. Beaver helps you create and build the design of your life. For the necessary structure, clear



thinking, planning and strategising. Supports the emergence of new endeavours. BIGHORN SHEEP - Mountain Wisdon. Bighorn Sheep empowers



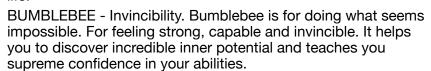
you with the regality and dignity of the wild. It teaches the wisdom of nature. For claiming your inner power and authority from this space within.

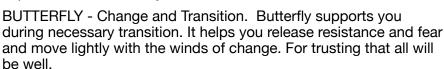


BOBCAT - Focus and Clarity. Bobcat brings an intense and easeful awareness of the present moment. It enables you to be completely clear-minded, watchful and awake. The wisdom of the quieted mind.



BUFFALO - Stillness. Buffalo encourages you to slow down, ground and become present. It nurtures your sacred connection with the earth, deepens inner quiet, and kindles your gratitude for





CANADA GOOSE - Cycles. Canada Goose helps you find your sacred home within the cycles of your spiritual journey. For navigating where you are in the Earths overall cycles and skilfully leading others.



























CHEETAH - Speed and Efficiency. Cheetah enables you to accomplish tasks swiftly and effectively. It helps you make decisions and 'jump-starts' you if you feel stuck. Efficient use of time and resources.

CHIMPANZEE - Joy of Living. Chimpanzee nurtures simplicity, play and self-expression. It enables you to really enjoy life and playfully and harmoniously connect with others. For overcoming shyness or self-consciousness.

CHIPMUNK - Childs Play. Chipmunk teaches you to harness the energy of the joyful child and approach life with trust, curiosity and delight. Playful, spontaneous and exuberant, it lifts overly serious moods.

COYOTE - Trickster. Coyote has the ability to bend the rules, play with life and shape-shift. It teaches you to look at things all ways and approach life ingeniously and mischievously.

CROW - Shamanic Teacher. Crow enables you to explore and enhance your shamanic power. For moving between the realms and piercing through illusion. Helps you claim and develop your intuitive ability.

DEER - gentleness and Peace. Alert and still, Deer helps you see a situation clearly and respond quickly and sure-footedly. Deepens your awareness of the present and brings trust in gentle ways.

DOLPHIN - Unconditional Love. Dolphins playfulness and love enhances feelings of joy, laughter and delight. It deepens and makes safe healing work and brings compassion for your pain and that of others.

DOVE - Peace. Dove restores you to the stillness at the heart of your life. Its essence is peace, stillness and simplicity. For nurturing a sense of the divine feminine.

DRAGONFLY - Relaxation. Dragonfly brings you to a place of light, spacious other-dimensional energy where you can rest and relax. Especially good after busy periods and to bring soothing sleep.

EAGLE - Divine Perspective. Eagle enables you to soar with great spirit - to transcend the mundane and see with the clarity of your higher self. It brings divine guidance and inspiration.

EARTHWORM - Journeying Within. Earthworm helps you journey deep within as if down into the Earths soil. It facilitates profound integration of the masculine and feminine sides. Helps you feel safe and held.

ELECTRIC EEL - EMF Protection. Electric Eel provides powerful support for protecting from electromagnetic fields generated by computers, mobile phones, and other equipment that we are in contact with daily.

ELEPHANT - Above and Below. Elephant keeps you both firmly grounded with the Earth and spiritually expanded. It brings intuitive, sympathetic leadership, inclusiveness and the recognition of what is important.

FLAMINGO - Spiritual Attunement. Flamingo is for working with very high energies. It helps you keep firmly physically embodied when you are profoundly attuning to the spiritual. Facilitates spiritual expansiveness.









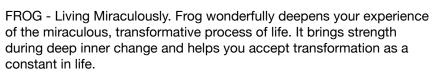








FOX - Independent Thought. Fox helps you find your own way and claim your own authority. For finding your own clever and wise solutions to difficult situations and having confidence in your decisions.





GAZELLE - Strength in Vulnerability. Gazelle helps you let go of rigid defensiveness and be safely vulnerable, whatever the situation. It teaches you a keen awareness in discerning the true actions of others.



GIRAFFE - Overview. Giraffe enables you to feel grounded, stand tall, and see the bigger picture of your life. For clarity, vision, spiritual overview. It helps you let go of petty concerns.



GORILLA - Self-Possession. Gorilla brings supreme inner strength and confidence. It teaches the strength that comes from self-knowledge, helps you with self-expression and enables you to claim your personal power.



GREAT BLUE HERON - Divine Presence. Great Blue Heron teaches you to live life with a deep awareness of the divine. It brings serenity, acceptance and connectedness. For constant communion with spirit.



HAWK - Perfect Vision. Hawk enables you absolute clarity of inner vision. It is for the ability to see and know exactly where you are. For precise and perfect vision.



HIPPOPOTAMUS - Emotions. Hippopotamus helps you befriend your emotions. For facing unresolved emotional issues and fully claiming your innermost feelings. It brings safe and profound emotional healing.



HUMMINGBIRD - Joy. Hummingbird brings lightness and joy to your life. It gently purifies and cleanses recent emotional residue and offers



uplifting support during emotional challenges. For staying light during change. JAGUAR - Natural World. Jaguar nurtures your connection with the



shamanic power and spirit of the rainforest. It brings an awakening of the senses of nature. For stealth, grace and percipience.



JELLYFISH - Flow. Jellyfish brings complete oneness with the ocean, with water and with the energy of flow. It teaches supreme surrender to let go and trust to the currents of life.



LADYBUG - Invoking Spirit. Ladybug enables you to call in the energies of your own higher wisdom and deeply embody them. For the pulling in and grounding of spirituality.



LION - Leadership. Lion helps you to claim your deepest personal authority and spiritual power. It fosters leadership, achievement and success. For well-being and strength and the courage to face your fears.



MALLARD - Joyful Action. Mallard helps you to approach acting and doing with the joyful simplicity of a child. For finding great happiness in performing your tasks.













MANTA RAY - Peaceful movement. Manta evokes graceful and harmonious motion. It helps you learn incredible efficiency of forward movement coming from a deep peace with the present moment.



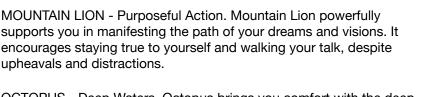
MOOSE - History. Moose harnesses the wisdom of Earth-time to teach you about your personal history. It helps you understand the rhythms, cycles and laying down of layers in your past.



MOSQUITO - Divinity of sound. Mosquito connects you to the divine hum of the universe. It opens your sense to primordial sound and sound as a path to God.



supports you in manifesting the path of your dreams and visions. It encourages staying true to yourself and walking your talk, despite upheavals and distractions.

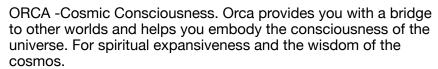




OCTOPUS - Deep Waters. Octopus brings you comfort with the deep. It is for swimming the inner depths and feeling their great peace and tranquility. Being bathed by the warmth of the sea.



OPOSSUM - Maternal Protection. Opossum invokes your most powerful protective instincts for your young. For your children or your inner child, it enables you to protect with tenacity and devotion.





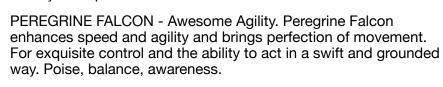
OTTER - Freedom and Lightness. Otter encourages contact with your most playful and lively child-self. It encourages humour, flexibility and joy. for stepping through life lightly with lots of laughter.



OWL - Seeing in the Dark. Owl helps you act from your highest wisdom. To see through your darkness, to face things directly, to enhance your intuition - it combines true 'seeing' with wisdom.



PEACOCK - Integration. Peacock teaches you of your wholeness. It nurtures a sense of completion, enhances self-esteem and helps you claim your authenticity and authority. Brings regality, beauty and spiritual abundance.





PILEATED WOODPECKER - Divine Work. Pileated Woodpecker opens you to Divine Inspiration, especially in your work. For remaining open to spirit, being persistent in your work and honouring the sacred within it.



POLAR BEAR - Forward Motion. Polar Bear provides deep grounding as you move forward on the spiritual path. It integrates rootedness and action and supports you in feeling earthed, powerful and connected.

PRARIE DOG - Networking. Prarie Dog strengthens skills of connecting and networking. It facilitates communication and sociability and builds the foundations for communal involvement and participation.













PRAYING MANTIS - Spiritual Realms. Praying Mantis brings you a strong, clear connection to the spiritual realms. It facilitates moving beyond the visible and everyday and supports devotion to spirit.

RABBIT - Abundance. Rabbit supports you in creating abundance at all levels. It enhances your innate creativity and nurtures your confidence in being able to manifest the life of your dreams.



RACCOON - Self-Knowledge. Raccoon unmasks and helps you integrate hidden aspects of your true self. It helps you move with ease between the roles you play in life and delight in these transitions.

RAVEN - Shamanic Guide. Raven brings the experience of Shamanic stillness. As the sacred guide into the Shamanic realms, it brings luminous awareness and deep appreciation of the mystery.



RHINOCEROS - Spirit Manifesting. Rhinoceros brings awareness of the steady progress your are making. Its grounded strength soothes and slows impatience around the process of the divine taking form in your life.

ROBIN - Self Nurturing. Robin helps you nurture and mother yourself and build a healthy adult ego. It supports family harmony, loving parenting and love in service to others. Harmony, support and happiness.



SALAMANDER - Regeneration. Salamander connects you with the mysteries of transformation and regeneration. It empowers you with the secrets of the underworld and helps you access the shamanic power available in the present moment.



SALMON - Spiritual Journey. Salmon shows you life is a journey home to the Divine. For finding spiritual meaning and purpose in your life and persevering with your destiny.



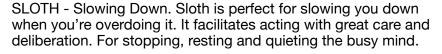
SEAGULL - Enjoyment, Seagull helps you experience life as a breeze and feel light, happy and alive. For the fun and relaxation of days at the beach and the comfort of watching the sea.

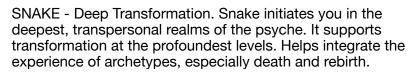


SEAL - Effortlessness. Seal teaches you ease and flow - when to put in effort, when to glide and let go. For ease in your body, the releasing of worries, and effortless and harmonious living.



SKUNK - Defence. Skunk empowers you with the ability to defend yourself fully and capably. For setting boundaries and stopping threats. It builds supreme self-protection, healthily and from your centre.





SNOW LEOPARD - Spiritual Consciousness. Snow Leopard enables you to experience and understand spiritual wisdom and practices. It offers a way into Himalayan wisdom and consciousness, Eastern Mysticism. For spiritual connectedness and centredness.













SPARROW - Carefree. Sparrow brings peaceful joy, a sense of trust in life and freedom from worry. It is for knowing that everything is going to be alright. Sweetness, gentleness, trust.



SPIDER - Connecting. Spider weaves webs of interconnectedness and supports you in bringing together that which feels separate within yourself or your life. For integration, wholeness and a deep sense of belonging.

SQUIRREL - Work and Play. Squirrel helps you experience work as a delightful game, however busy you may be. It teaches you to gather and store your resources and plan for the future.



SWAN - Grace. Swan helps you acknowledge and accept your grace and beauty. It enhances self-esteem and appreciation of the beauty in all life. For experiencing everything as a mirror of the divine.



TIGER - Mastery, tiger guiets the mind and brings you to the pure, raw awareness and power of the present. For staying strong and focussed and acting from a place of mastery.



TURTLE - Oneness. Turtle brings deep grounding and centering within and offers profound psychic and emotional protection. For taking things step by step and staying present in intense situations.



WHALE - Eternal Knowledge. Whale is an advanced remedy for connection with higher planes of consciousness beyond the earth realm. For spiritual expansion and connection at the deepest levels. Intergalactic and interspecies communication.



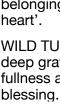
WILDEBEEST - Groups. Wildebeest helps you feel comfortable as part of the herd. It brings a sense of being at home with the journey of life and with a group identity.



WILD HORSE - Heart. Wild Horse supports loving openness and compassion in the heart. It nurtures a sense of self, of belonging and of stamina. A tonic for those who have 'lost



WILD TURKEY - Giveaway. Wild Turkey inspires in you the deep gratitude that leads to true abundance. It brings fullness and richness and the appreciation of life as a divine



WOLF - Commitment. Wolf encourages kinship, a sense of community and the honouring of lifetime commitments. It assists in defining relationships and boundaries from a place of truth and integrity.



ZEBRA – Opposites. Zebra facilitates moving beyond black and white thinking. It integrates opposites and paradoxes within and without and helps you let go of projection and illusion. For seeing true.









#### WILD CHILD ESSENCES

Wild Child Essences have been created to nurture children and the child within. They are especially beneficial for children who have not had some of their most basic needs met, and for adults whose deepest inner needs were not met when they were children. To feel safe, to know that we belong, to connect and bond with others. these six Essences are combined together to make Balanced Child' combination.



Bear Cub — Nurtures awareness of one's feelings and those of others. Brings awareness of how one's actions affect others. Nurtures the experience of deepening self-awareness, grounding, introspection and self-knowledge. For knowing who we are.

Especially for Children:

- who have not had their true feelings recognized and honored by their caregivers.
- who need to become more aware of their feelings.
- who have difficulty honoring the needs of others.
- · who need to slow down and focus.

Especially beneficial for Adults:

- who lost touch with their true feelings as children because of how they were treated.
- who need to deepen their awareness and acceptance of the reality and importance of their inner, feeling world.
- who need to become aware of who they are, what they need, and what others need.

Dolphin Calf — Nurtures the experience of Deep child-parent bonding, connection and intimacy, communication, Oneness and unity

Especially beneficial for Children:

- who need to deepen their connections and bonds with others and have difficulty connecting and bonding with their caregivers.
- who have mothers who are not emotionally or physically present.
- who have grown up too fast, become too serious, and lost their ability to play freely and spontaneously.

Especially beneficial for Adults:

- who had mothers who never deeply bonded with them.
- who, as part of their inner work, need to connect and bond more with their own inner child.
- who, as parents, want to connect and bond more deeply with their children and children to be.
- who are doing deep inner-child work and need to connect with and bond more deeply with their own inner child



Elephant Calf — Nurtures the experience of physical and emotional safety, deep grounding, being protected and looked after by a wider family of support, healthy extended family togetherness.

Especially for Children:

- who don't feel physically or emotionally safe.
- who are going through periods where the child feels scared or anxious.
- who live in families that lack a strong sense of togetherness.
- who need to feel care and protection from a wider human family of support and caring.

Especially beneficial for Adults:

- who want to experience feelings of support from a wider community.
- who grew up in a family systems in which they felt unsafe.
- who did not feel supported and protected by the adults around them.
- who grew up in families that lacked a strong feeling of togetherness.
- who want to deepen family bonds between family members (good to take together).



Fawn — Nurtures the experience of gentleness, sweetness, innocence, purity, peace, calm, and a state of childhood grace

Especially beneficial for Children:

- who are aggressive, overstimulated, or stressed.
- who need to learn to be more gentle with themselves and others.
- who have been made to grow up too fast.
- who have lost touch with the innocence of being a child.

Especially beneficial for Adults:

- who want to deepen experiences of childlike innocence, gentleness, and peace.
- who as children grew up too fast.
- who need to learn to be gentle with themselves and others.
- who need to learn to respect and honour the needs and wounds of their inner child.



Lion Cub — Nurtures the experience of fearlessness, confidence, courage, authentic strength and power.

Especially for Children:

- who need to know themselves as strong, confident, and capable children.
- who are fearful or anxious.
- · who lack confidence.
- who need to develop courage and strength for moving forward.

Especially beneficial for Adults:

- who as children often felt powerless, afraid, or lacking in confidence.
- whose inner child needs courage to face the healing path

Wolf Pup — Nurtures the experience of a deep sense of belonging, fitting in,knowing that one matters, and knowing that one has a place in the world

Especially for Children:

- who need an increased sense of their place in their family and their world.
- who feel like they don't belong or fit in.
- whose parents are separated or divorced.
- · who get disoriented
- whose family life is emotionally turbulent.

Especially beneficial for Adults:

- who, as children, did not feel as if they belonged or fit in.
- whose parents separated or divorced when they were children.
- who feel as if they do not fit in or have a place in the world.
- who do not feel as if they matter.



## **BALANCED CHILD**



Sometimes it's difficult to know what may be contributing to a child's difficulties, or there may be several contributing factors. Balanced Child is ideal to support the grounding and strengthening of someones identity, confidence and boundaries in this situation.

Contains Fawn, Elephant Calf, Dolphin Calf, Lion Cub, Wolf Pup, Bear Cub.

#### INNER CHILD HEALING

The Inner Child Healing Essences provide support for embracing, feeling, and releasing the anger and pain that one has carried since being hurt as a child, and for knowing the Beauty and Divinity of one's Inner Child. These six individual Essences are also combined together in one bottle as 'Inner Child Healing'.



Badger Cub essence provides nurturing support for embracing and releasing anger that has been trapped inside from childhood due to unhealed wounds and trauma. For expressing this deep, repressed anger from childhood in a healthy and empowering way.

# For children:

- Who are angry all the time.
- Who need support in feeling and expressing anger

about the hurts that they have experienced.

- Who need to become comfortable with their anger instead of being overwhelmed by it or denying it.

#### For adults:

- Who need support expressing and releasing anger and rage from their childhood.
- Who need to accept and embrace the deep anger from the past that they feel.

Bat Pup essence nurtures confidence for embracing unhealed wounds and navigating through this challenging work. Provides deep support for healing scary issues from the past. For being carried and supported through the darkness. For embracing that which has been pushed away.

# For children:

- Who have been the victims of trauma or abuse.
- Who need strength and courage to face and release their pain.
- Who have fear of the dark.

#### For adults:

- Who need support feeling safe to go into the pain of their childhood and exploring uncomfortable issues that need healing.
- Who need support for going into the deep past of childhood to unlock memories and feelings that have been repressed.
- Supports and accelerates the healing process by helping one to navigate through the darkness of the deep past.



Cygnet (Baby Swan) essence provides nurturing support for feeling and expressing the purity, grace, and divinity of the child we were and who still lives within us. For knowing one's deepest self as Divine and beautiful.

## For children:

- Who have lost their innocence due to trauma and abuse.
- Who need to reconnect

with their grace and beauty.

- Who need support to feel their connection and oneness with Spirit.

#### For adults:

- Who need to reconnect with the experience of their Inner Child as one with Divine Grace.
- Who as children lost touch with themselves as beautiful beings.



Hippopotamus Calf essence supports our Inner Child to safely reconnect with and express feelings from the past that have been repressed due to being hurt as a child.

#### For children:

- Who, because of suffering and trauma, have disconnected from how they truly feel.
- Who need to reconnect with their feeling selves.
- Who need to express feelings that need to be released.

#### For adults:

- Who need to connect with old, unresolved feelings from childhood that need to be healed.
- Who are disconnected from the feeling world of their Inner Child.





Robin Chick essence provides nurturing support for receiving love and nurturing as we re-parent our Inner Child and heal ourselves.

#### For children:

- Whose parents and caregivers are unable to express love to them.
- Who are not receiving the nurturing they need.

# For adults:

- Who did not receive the nurturing they needed as a child.
- Who have deep blocks to receiving love and nurturing.
- Who are doing deep Inner Child work.
- Who don't experience life as a nurturing experience.

Wild Horse Foal essence provides nurturing support for embracing and releasing tears of grief that remain from unresolved childhood issues. Supports open-heartedness and gentleness.

#### For children:

Who have been deeply hurt and who need to release the pain they are carrying.

- Who need to connect with their pure, open heart.

#### For adults:

- Supports releasing unexpressed pain and grief from childhood.
- Whose hearts were hurt/broken as a child and who need to heal those wounds.
- Who want to connect with the open-heartedness of their Inner Child.





# INNER CHILD HEALING

Inner Child Healing provides support for embracing, feeling, and releasing the anger and pain that one has carried since being hurt as a child, and for knowing the Beauty and Divinity of one's Inner Child.

For tending to our unfinished emotional business. Provides powerful support for journeying inward to express unexpressed feelings from unresolved wounds of the past in order for healing to occur. For reconnecting with the innocence and beauty of childhood. For befriending ourselves in our deepest, most broken places.

This formula includes 6 animal essences:

Hippopotamus Calf, Wild Foal, Badger Cub, Robin Chick, Bat Pup, Cygnet

#### WILD EARTH ANIMAL COMBINATIONS



The Animal Essences are healing tools that can help us to touch deep, wild, wondrous places within ourselves and to mend emotional wounds that have gone untended. The essences can also profoundly assist us in our spiritual growth and development. The animals offer themselves with love and wisdom that is boundless and wild and free; all they ask is that we open our hearts to receive what they are willing to give us so generously: the joy that comes with knowing oneself as part of the indivisible whole of all Creation.

These combinations are great for some general issues that can regularly obstruct peoples wellbeing and are available in either 'stock' concentrate or ready to take bottles. You would normally buy the stock concentrate if you are a practitioner and want to make up bottles for different clients, or if this is an issue you will be working with over an extended period of time. If not, we recommend the ready to take bottle for convenience.

# Empower

A fantastic combination for helping you to stand in your power in a way that is authentic and spiritually based. Empower enables you to act with integrity and certainty from a place of deep knowing. Combines Bighorn Sheep, Lion, and Peacock.





# Saved by the Animals

To provide deep grounding, protection and spiritual connectedness in times of emergency. For physical, emotional and spiritual crisis it enables you to stay safe, centred and able to respond.

Combines Dove, Turtle, Buffalo, Eagle and Elephant.



This combination supports you in bringing playfulness, creativity and resourcefulness to your daily work, and experiencing it as a source of deep fulfillment and joy. Combines Otter, Beaver and Squirrel.





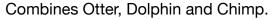
## Digest

Provides powerful support for encouraging and balancing the process of physical and emotional digestion. and supporting and nurturing the body's ability to process and integrate.

Combines Domestic Goat, Bear and Hyena

# Playtime

A joyous combination which supports you in entering into the spirit of play with happiness and delight. Excellent for adults or children who need to learn to play more.







#### Protection

Protection provides powerful support for dealing with intense emotional situations, environments and people. It helps you develop healthy armouring and strengthens your self-protective instincts in difficult situations.

Combines Turtle, Armadillo and Skunk.

## Rest & Relax

This combination enables you to slow down, let go and feel deeply relaxed and at one with your body. It eases you away from your worries and cares and enables you to rest, relax and renew.

Combines Sloth, Dragonfly and Sparrow.





# Supreme Confidence

This combination connects you with your confidence, strength and power. Whatever you are facing it aligns you with the knowledge of your true worth and empowers you in your ability to respond from a place of mastery, keen insight and skill.

Combines Mountain Lion, Bumble Bee and Cheetah

#### HEALING PATH ESSENCES



Healing Path Essences from Wild Earth are vibrational remedies that support you on your emotional and spiritual healing journey. Healing Path Essences provide deep support through each of the natural stages of our emotional healing work, and they nurture us as we heal from the darkness of our woundedness into the light of our union with the Divine.

Each Healing Path Essence contains a specially designed combination of the Wild Earth Animal Essences, which nurture you with the wisdom and power of wild animals.

The essences may be used individually as needed or in a conscious progression as one moves through the different stages of the healing process.

The general sequence of the Healing Path Essences is:

Inner Work -> Healthy Anger -> Grieving Heart -> Letting Go -> Gratitude -> Wild Freedom -> Communion with God

Inner Work -- Provides powerful support for journeying inward to heal emotional wounds of the recent or distant past. includes:

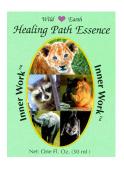
Hippopotamus -- For embracing deep feelings.

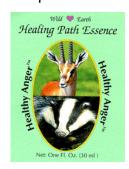
Raccoon -- For unmasking the truth.

Bat -- For navigating through one's darkness.

Lion Cub -- Nurtures courage and fearlessness.

Elephant Calf -- For feeling safe and supported.





Healthy Anger -- Provides powerful support for feeling and accepting one's natural anger and for expressing anger in a healthy way.

This formula includes:

Badger -- For being comfortable with anger and expressing anger appropriately.

Gazelle -- For feeling safe with being angry.

Grieving Heart -- Provides powerful support for releasing the emotional pain and tears that need to be shed in order to move forward. This formula includes:

Wild Horse -- Nurtures the healing heart.

Hippopotamus -- For embracing deep feelings.

Gazelle -- For feeling safe while grieving.





Letting Go -- Provides powerful support for releasing feelings, beliefs and actions that no longer serve, and for handing over control of one's life to the Divine. This formula includes:

Seal -- For letting go and trusting.

Dove -- For peace in the heart as one lets go.

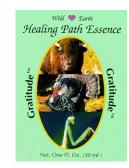
Jellyfish -- For surrendering to Spirit

Gratitude -- Provides powerful support for cultivating and expressing appreciation for the many gifts in one's life. This formula includes:

Buffalo -- For deepening thankfulness.

Wild Turkey -- For cultivating gratitude.

Praying Mantis -- For devotion to Spirit.





Wild Freedom -- Provides powerful support for fully celebrating and living life with freedom and liberation. This formula includes:

Wild Horse -- Nurtures the free and wild heart.

Dolphin -- For joy, playfulness and freedom.

Mallard -- For acting with inspired joy.

Sparrow -- For dissolving any lingering worry.

Communion With God -- Provides powerful support for experiencing oneness and unity with the Divine. This formula includes:

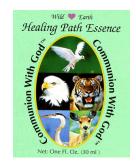
Dove -- Nurtures peace and calm in the heart.

Eagle -- For opening to the Divine.

Tiger -- Quiets the busy, thinking mind.

Great Blue Heron -- For serenity and connection.

Deer -- Nurtures gentleness and awareness.



#### SHARING LOVE ESSENCES



The Sharing Love Essences emerged as this next set immediately after my workshop at Healthlines in 2009. It had been a magical weekend for me of sharing deeply with old and new friends, and I was feeling so grateful and privileged to be living a life where I am given the opportunity to share love in so many ways with so many. Out of that awareness and gratitude the Sharing Love Essences swiftly arose -- within moments I "got it". I knew that the the Sharing Love Essences would be the perfect complement to my previous work. And they speak so deeply to me because after all, it seems to me that what we are here to do with one another is quite simple at its most basic level: Share Love!

So the Sharing Love Essences provide powerful support for feeling and expressing love in many of the most common areas of life where love is expressed and shared. It begins, of course, with self-love, and for that the essence is Loving Yourself. As the Dalai Lama said, "Genuine love should first be directed at oneself – if we do not love ourselves, how can we love others?" So Loving Yourself helps us to deepen our love and respect for ourselves, with the support of Swan, Dolphin, Peacock, Wolf Pup, and Fawn, and is a powerful formula for those who do not know how to love themselves fully. And from there the set expands and supports us in many of the ways that we experience and share love with others: Loving Relationship, Loving Parent, Loving Child, Loving Service, Loving Compassion and Sharing Love.



Loving Yourself -- Provides powerful support for accepting, caring for, and loving yourself just as you are. Contains:

Swan -- Nurtures self-acceptance & self-love.

Wolf Pup -- For knowing that you matter.

Fawn -- Nurtures gentleness and innocence.

Dolphin -- For compassion for your suffering.

Peacock -- Nurtures wholeness & integration.

Loving Compassion -- Provides powerful support for feeling & expressing deep compassion for oneself and for others. Contains:

Dolphin -- For feeling & expressing compassion.

Dove -- For connecting with and being Peace.

Wild Horse -- For gently opening the heart.



Loving Parent -- Provides powerful support for lovingly nurturing and parenting oneself and one's children. Contains:

Robin -- For nurturing others and oneself.

Opossum -- Nurtures protective parenting.

Emperor Penguin -- Supports co-parenting.

Jellyfish -- For letting go and trusting.

Sparrow -- For freedom from worry



Loving Relationship -- Provides powerful support for creating, bonding, and deepening in love with a primary partner. Contains:

Wolf -- For connecting and bonding deeply.

Wolf Pup -- Nurtures feelings of belonging.

Dove -- Nurtures peace & calm in the heart.

Wild Horse -- For loving from the heart.

Swan -- For seeing beauty in your partner.



Loving Service -- Provides powerful support for fully engaging one's heart in the active service of others. Contains:

Robin -- Nurtures selfless service.

Dolphin-- For feeling & expressing compassion.

Wild Horse -- For serving with an open heart.

Wolf -- For connecting and bonding with others.

Giraffe -- For serving while maintaining perspective

Loving Child -- Provides powerful support for helping children feel and express love in all aspects of their lives. Also supports our Inner Child to feel joyful and loving. Contains:

Fawn -- Nurtures innocence and gentleness.

Wild Horse -- For gently opening the heart.

Dove -- Nurtures peace and calm.

Bear Cub -- For being aware of our feelings.





Sharing Love -- Provides powerful support for connecting with others and sharing love in all areas of one's life. Contains

Wild Horse -- For loving from the heart.

Wolf -- Nurtures connection with others.

Dolphin -- For joyfulness and playfulness.

Dove -- Nurtures peace and centeredness.

Peacock -- For feeling whole and complete.





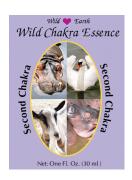
Each of the Wild Earth Chakra Essences contains the Animal Essences for balancing and experiencing the deep gifts of each of the 7 primary chakras.

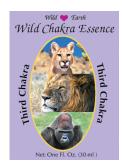




First Chakra Essence for Grounding, Embracing the Physical Body, Feeling Secure, Facing Survival Issues, Stability and Rootedness. Contains Buffalo, Buffalo Calf, Elephant, and Bear essences.

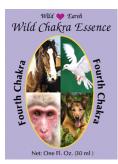
Second Chakra Essence is for Feeling Deeply, Embracing One's Emotional Life, Sexuality, Creativity, Digestion. Contains Hippopotamus, Hippopotamus Calf, Swan, and Goat essences.





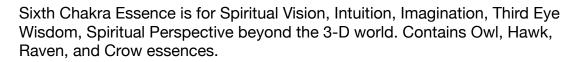
Third Chakra Essence is for Claiming and Expressing One's Healthy Personal Power, Strengthening and Balancing the Mental Body, Acting in the World with Determination and Commitment. Contains includes Mountain Lion, Lion, and Gorilla essences.

Fourth Chakra Essence is for Feeling and Expressing Love and Compassion, Peace, Divine Love, Healing the Heart. Contains Wild Horse, Dove, Snow Monkey, and Mutt essences.





Fifth Chakra Essence is for Communication, Confident Self-Expression, Creative Expression, Speaking the Truth. Contains Rabbit and Wolf essences







Seventh Chakra Essence is for Oneness with Spirit, Receiving Higher Guidance, Divine Connection. Contains Eagle, Tiger, and Great Blue Heron essences.

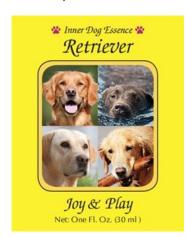
#### INNER DOG ESSENCES

Domestic Dog Essences For People and Animals Nurturing Essences from the Domestic Dog Kingdom



Inner Dog Essences have been created to allow you to receive and be nurtured by many of the amazing energies and gifts of domestic dogs. These unique formulas provide powerful support for experiencing the wisdom and wonder that dogs offer us.

Each Inner Dog Essence offers a unique way of connecting with the gifts that dogs embody, including unconditional love, joy, exuberance, simplicity, loyalty, presence, and so much more. These essences support us to connect with our deepest, loving, playful, living-life-full-on selves, and allow us to feel and express more joy, love, and delight in our lives.



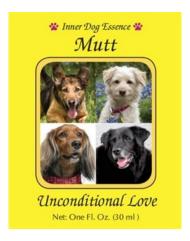
# RETRIEVER / JOY & PLAY

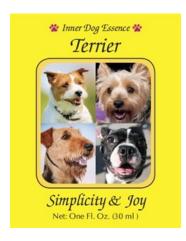
Provides powerful support for experiencing the joy and exuberance of being alive. Supports feelings of playfulness, bouncing joy, and childlike delight. "Let's Go and Play!"

For living every moment with gusto and joy. Supports one in doing repetitive tasks with happiness and delight instead of boredom or distaste.

# MUTT / UNCONDITIONAL LOVE

Provides powerful support for opening the heart and feeling and expressing unconditional love. Nurtures our ability to be more loving with ourselves and others. Supports one in expressing affection. Nurtures the ability to live from your gentle, loving heart and share your love with the world in your unique way.



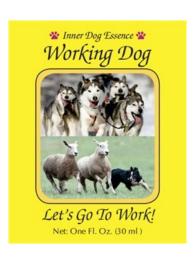


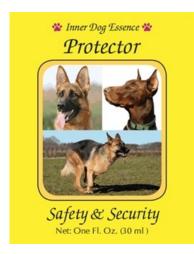
# TERRIER / SIMPLICITY & JOY

Provides powerful support for experiencing the simplicity and joy of the present moment. For letting go of the busy mind and just appreciating what is around you. Everything is so simple, really! Nurtures life as an easy journey of joy and happiness. For letting go of the complexity of life and revelling in the simple joys of being alive.

#### WORKING DOG / "LET'S GO TO WORK!"

Provides powerful support for jumping into the world of work with delight, playfulness, and glee! Provides stamina and commitment for staying on track and accomplishing great things with focus and joy. Supports one in finding work that truly matches one's spiritual journey and life purpose. For experiencing work as a healthy and meaningful part of life.





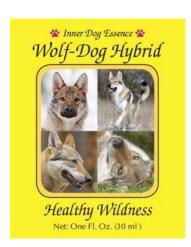
#### PROTECTOR / SAFETY & SECURITY

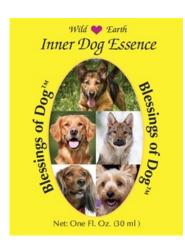
Provides powerful support for walking through life feeling safe and protected. For knowing that you are safe wherever you go.

Nurtures the sense of healthy invincibility — knowing that nothing can harm you. Supports one to feel confident and strong when facing challenges and supports one in setting healthy boundaries with others.

# WOLF-DOG HYBRID / HEALTHY WILDNESS

Provides powerful support for staying connected with nature and wildness while living a modern life. Balances the wild and tame within. Supports one in staying connected with one's healthy wild side. Supports one to feel socially connected to one's "pack" and one's world. Nurtures social joy, family/pack loyalty, and commitment.





# "BLESSINGS OF DOG" COMBINATION FORMULA

Provides powerful support for experiencing the joy, love, playfulness, simplicity, and presence that dogs, in general, embody. Nurtures delight at being alive and living from the heart. Supports bonding with others and being loyal and devoted to those you love. Supports the experience of living life "full-on" with exuberance and glee. Nurtures the ability to be in the present moment and enjoy the simplicity of being alive.